

# Camp Program

The Trojan Basketball Camp is designed to teach the fundamentals of the game of basketball. Dribbling, shooting, pivoting, rebounding, passing, and proper footwork are all needed to play the game properly.

With the use of stations, each camper will receive individual instruction on the basic offensive and defensive fundamentals necessary to play basketball successfully. In addition, each camper will be taught the offensive and defensive skills required to play two on two and three on three that provide the foundation of five on five play.

At the conclusion of camp each player will receive a personal evaluation. It is our goal that each player will leave camp having been exposed to the proper skills and techniques. With this information, we believe that the players desire and willingness to work on these skills will directly affect his progress as a basketball player.

## Sample Daily Schedule

8:30 — 9:00	Open Shooting
9:00 — 9:20	Attendance, Announcements, Group Stretch
9:20 — 10:30	Stations (Fundamentals)
10:30 — 10:45	Team Practice
10:45 — 11:45	Games
11:45 — 12:20	Lunch
12:20 — 1:00	Lecture
1:00 — 1:30	Individual Competition
1:30 — 2:30	Games
2:30 — 2:45	Competition
2:45 — 3:00	Closing Announcements

The Camp will take place at Parkland High School. All campers should arrive between 8:30 and 9:00 a.m. Camp will end at 3 p.m.

Campers must bring their own lunch except on Thursday (pizza). Campers should arrive dressed to play (i.e. no watches or other jewelry).

## Camp Highlights

1. Teaching geared towards fun and learning
2. 5 on 5 games
3. 3 on 3 games
4. Receive a camp shirt
5. Be eligible for team and individual awards
6. Receive a personal evaluation from coach
7. Pizza lunch on Thursday

## Awards Ceremony at 2:10 pm

## Thursday, Parents Welcome.

For more information visit

[trojanbasketballcamp.net](http://trojanbasketballcamp.net)

The 1st 40 registrants will receive a Parkland Basketball Cinch Sack

## Trojan Basketball Camp Waiver

I understand I am financially responsible for any medical bills incurred by my child while at camp. I authorize the staff of the Trojan Basketball Camp to act as they see fit in the event an emergency arises.

I hereby release and forever discharge the staff of the Trojan Basketball Camp of and from any and all manner of actions, suits, damages, claims and demands on account of personal injury or death arising from my child's participation in the above listed activities.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date



This is NOT a Parkland School District sponsored event

## Camp Registration

Name on players certificate will appear as printed below. (Please print clearly)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (during camp) # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Age (as of camp) \_\_\_\_\_

Grade Entering (Sept 2010) \_\_\_\_\_

Shirt Size (please circle and order big) \_\_\_\_\_

Youth L XL

Men's S M L XL XXL

**Make checks payable and mail to:**

**Andy Stephens**

232 N. Broad St.

Allentown, PA 18104

Phone 610-704-2733



**Tuition-\$160**

**Register Early to Reserve Your Spot!**

**Please complete both sides and return only this section along with your check.**

## Camp Staff

### **Andy Stephens—Camp Director**

Coach Stephens will be entering his 3rd season as the Head Boys Basketball Coach at Parkland High School.

During the 2008-2009 season the Trojans finished in the top eight in PA, compiled a 26-4 record while winning the 4A District XI Championship. Prior to taking over at Parkland he was the head coach at Emmaus High School.

While at Emmaus, he compiled a record of 74-35, guided the team to 2 District XI Championship Games (2005 and 2007) and won the 2007 LVIAC Championship. Coach Stephens has also gained experience at Central Catholic and Freedom High School.

Coach Stephens believes in hard work and dedication. This dedication to the game enabled Stephens to be a successful high school and college basketball player. As an all league player at Central Catholic High School, he continued his playing career at DeSales University under Scott Coval. In three seasons he scored 1,231 points and helped lead the team to the 1996 Division III NCAA Tournament.

### **Assistant Camp Directors**

The Assistant Camp Directors will consist of current assistant coaches on the Parkland staff along with other area coaches and players. Choosing a highly dedicated and qualified staff is of extreme importance in order to provide help in the proper instruction to each individual camper.

For more information visit:  
[trojanbasketballcamp.net](http://trojanbasketballcamp.net)

# Trojan Boys Basketball Camp 2010

**July 12-15**  
**Monday to Thursday**  
**Boys Entering**  
**Grades 2 through 10th**



**Directed by:**  
**Andy Stephens, Head Coach**  
**Parkland High School**  
**Boys Basketball**

**Register Early!**